



I'm participating in a 30-hour fast on  
April 5 & 6.

I want to do what I can to save a child's life.  
Will you *support* my fast with a donation?

### WHAT?

I'm going without food for 30 hours to raise money for children around the world who experience hunger on a daily basis.

### WHY?

Because I think it is a tragedy that as many as **7,000 children die** every day from hunger-related causes. I want to do what I can to save a child's life. ***Together, we can make a difference!***

### HOW?

See: \_\_\_\_\_

My personal goal: \_\_\_\_\_

100% of donations will go directly to providing life-saving meals for children.

(Checks should be **made payable to 4others** and are tax-deductable.)



For more information, visit [www.Food4others.org](http://www.Food4others.org)